

2026 WOMEN UNITED GRANT APPLICATION FORM

Organization Information

Organization Name

Parish Resource Center, Inc.

EIN

23-2000688

Project Name

Food Deliveries for Perinatal Patients at Risk

Address

2160 Lincoln Highway East
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Lancaster, Pennsylvania 17602
United States

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Eligibility Criteria

Is your organization a registered nonprofit organization with an official letter of determination of 501c3 status from the Internal Revenue Service?

Yes

Has your organization operated in Lancaster County for at least one year (operating in Lancaster before July 1, 2025?)

Yes

Does your organization or program you are requesting funding for in this application serve primarily women and/ or teen girls?

Yes

Does your organization provide services to families at or below the ALICE threshold in Lancaster County?

Yes

Is your organization delinquent on any state or federal debt?

No

Does your organization share United Way's view of collaborative and inclusive service to the entire community, without excluding anyone on the basis of race, color, religion, gender, ethnicity, national origin, age, disability, sexual orientation, or any other factor not relevant to a person's eligibility for service or ability to contribute?

Yes

Has your organization update your listing with PA 211 in the last 12 months?

Yes

Application Elements

Executive Summary

Building on United Way Food & Shelter funding, PRC is working with Central Pennsylvania Food Bank to expand our Food Delivery program to meet the increased demand driven by changes to WIC, SNAP, and federal immigration policy. In response to healthcare provider referring partners, deliveries to low-income perinatal clients will increase from 26 to 100/month. A Food Delivery is a week's worth of culturally appropriate shelf-stable foods, meat, dairy, and produce, driven to client homes by trained volunteers. We will concurrently build a sponsorship program that will allow us to sustain this work in the long term.

Organization Description

Parish Resource Center (PRC) is a Lancaster, PA nonprofit that serves as a hub for community education and direct service initiatives, with an emphasis on maximizing the impact of local nonprofits, faith communities, and individual volunteers. Though PRC was founded 50 years ago as a resource library, we have evolved in the past decade to become - simply - a resource. We understand the local landscape of helping organizations and create targeted programs that fill gaps between services and increase the efficacy of the social safety net, as a whole. To support these programs, we offer capacity building workshops for nonprofits and trainings for volunteers, helping educate our partners and supporters so that they can make a bigger impact where they find scarcity and injustice. In 2026, our programmatic emphasis is on increasing access to food through three, interconnected anti-hunger programs and providing free immigration legal aid in south central Pennsylvania through the Pennsylvania Immigration Advocacy Clinic.

Commitment to Equity

PRC's commitment to low-barrier services means that we provide aid to anyone who requests it, whether that's an individual who visits one of our Lancaster Community Meal Program meal sites or a social worker at a partner organization. Though nothing in the Lancaster County Racial Equity Profile speaks directly to perinatal persons, the report does reflect the ways that housing, food, and transportation instability disproportionately affect low-income families and persons of color. We have been working closely with Nurse-Family Partnership at Penn Medicine/LGH to increase the impact of their work with low-income mothers by providing food at the point of care, as well as via delivery, for those who struggle with transportation. We've shaped this program in direct response to feedback from NFP clients and social workers. For example, we were told that Latinx households preferred to receive more rice and beans, as opposed to pastas and canned goods, so we created a smaller, shelf-stable rice and beans pack that social workers can keep in their cars and distribute when clients express need. This is a small thing, but part of a concern for equity is the willingness to be flexible and adaptive in every way that we possibly can.

Proposal Details

Main Priority Area

Women's and/ or Teen's Health

Grant Dollar Amount Requested

\$20,000.00

What percent of the overall project budget is covered by the Women United grant?

35

Will this program/project start or continue to operate if you do not receive 100% of the funding

requested?

Yes

Project Description

For several years, PRC has been making weekly food deliveries for NFP (Nurse-Family Partnership at Penn Medicine/LGH) clients who are struggling to use traditional food access points because of transportation limitations, immigration status, health issues, or situations tied to domestic violence. By purchasing food through the Central Pennsylvania Food Bank (CPF) at a reduced cost, deploying volunteers to pack and deliver boxes, and receiving some reimbursement from NFP, we're able to make 26 deliveries per month.

At the end of 2025, we began a conversation with CPF about the ways that federal policy changes have exacerbated food insecurity for perinatal women and immigrants. SNAP and WIC have become more difficult to access and immigrants who had previously been working legally in the U.S. have had their status revoked and are denied social services. Our partners at NFP and Union Community Care (Federally Qualified Healthcare Centers), alarmed by the sharp increase in need from their clients, have expressed a combined demand of 100 deliveries per month. There's no simple short-term solution to this rise in hunger, but we've found Food Delivery to be a reliable long-term solution for people who need extra support as they go through pregnancy and childbirth, pursue immigration legal aid, stabilize their housing and employment, and care for their children.

We are requesting funding for an expansion of our Food Delivery program to families with a pregnant or postpartum mother. This expansion would allow us to take referrals from NFP and UCC for 100 deliveries per month without increasing our management costs. Deliveries would be direct to client homes and contain a week's worth of culturally appropriate shelf stable foods, meat, dairy, and produce. During the grant period, we will work to build a sponsorship program that would allow us to continue this work through 2027 and beyond.

Collaboration

PRC already works with Nurse-Family Partnership (NFP) to supply food to low-income pregnant women and/or women with children under the age of two. By serving NFP's clients, we know that our work is compounding the benefit of receiving medical care and that these referred clients have been vetted by a major healthcare provider, which helps us direct our resources toward women for whom hunger is a barrier to wellness and stability. Union Community Care has expressed interest in being able to refer their perinatal clients, should the program expand. Central Pennsylvania Food Bank will be offering us a percentage of our monthly food order for free, to cover this expansion in the short-term. PRC is currently managing over 250 individual volunteers and hosted 16 food packing events for community groups in 2025 (we are on track to involve a similar number of community groups in Food Deliveries this year). We have a strong track record of securing sponsors for our Take-Home Totes program and ongoing educational series, we will apply those skills to funding this project as well.

Implementation Plan

Before July 1, 2026:

- Complete in-kind food donation arrangement with CPF (we estimate this will offset our food purchase costs for about 6 months)
- Formalize expanded referral process for UCC and NFP
- Pursue sourcing of items that new and expectant mothers can't easily afford (formula, applesauce packs, etc)

July 1, 2026 - December 31, 2026

- Make 100 deliveries per month to cover NFP and UCC clients
- Explore other referral partners (such as perinatal immigrants being served by CWS and our Pennsylvania Immigration Advocacy Clinic)
- Keep referral clients apprised of further changes to federal policies that affect their access to government food programs and immigration legal status
- Design sponsorship program, with an eye toward replacing \$35,000 of annual funding with support from foundations and local businesses

January 1, 2027 - June 30, 2027

- Make 100 deliveries per month, possibly incorporating other partners with existing case management systems
- Approach 3-5 potential sponsors per month
- Interview participating providers and clients to assess program impact and make changes based on feedback

Outcomes & Evaluation

- a. An expanded Food Delivery program will make 100 deliveries to perinatal women and their families per month and better serve our provider partners at NFP and UCC
- i. Goals: Improving health outcomes for low-income perinatal women / Encouraging economic stability for their families / Improving provider experience when encountering a client facing nutritional deficiency / Deploying local volunteers to better care for low-income families
- ii. Outcomes: Improvement in clients' Social Determinants of Health (SDOH) as measured by their healthcare provider / Clients referred into the program are able to leave the program within 9 months of first referral / Qualitative improvement in self-reported job satisfaction for healthcare providers / Increase in volunteer involvement to cover increase from 26 to 100 monthly deliveries
- iii. Increasing food support for low-income perinatal clients can change their health outcomes, their sense of community support, increase financial stability, and – for vulnerable immigrants – decrease the chance of becoming justice-involved as they work to counter changes to federal immigration law. Weekly contact with caring volunteers also ensures that client crises are caught before they destabilize the family. And healthcare providers can feel better supported when encountering a client who has lost access to food.
- b. We will evaluate outcomes both qualitatively through one-on-one interview and quantitatively through tracking our activities and collecting data from our referral partners
- i. Program metrics include projected staff time against actual staff time / projected food costs against actual food costs / comparison of client SDOH before the first delivery and at the time of final delivery / reported provider job satisfaction before first referral and at the end of the grant period / number of referral requests fulfilled against number PRC cannot fulfill / progress toward sponsorship funding goal / number of clients who are able to move past the need for deliveries

Documents

Required Documents

- [PRC-FY-25-26-Budget.pdf](#)
- [PRC-Board-March-2026.pdf](#)
- [Women-United-PRC-2026-Budget.pdf](#)
- [PRC-IRS-501c3.pdf](#)
- [PRC-2024-Financial-Statement-1.pdf](#)
- [PRC-2024-Financial-Statement-11.pdf](#)