

# 2026 WOMEN UNITED GRANT APPLICATION FORM

## Organization Information

**Organization Name**

Hope Inspire Love

**EIN**

82-0722363

**Project Name**

Hope Inspire Love's Restorative Care Program

**Address**

PO BOX 10995  
LANCASTER, Pennsylvania 17605  
United States

**Contact Name**

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**Executive Director / President (If different)**

N/A N/A

## Eligibility Criteria

**Is your organization a registered nonprofit organization with an official letter of determination of 501c3 status from the Internal Revenue Service?**

Yes

**Has your organization operated in Lancaster County for at least one year (operating in Lancaster before July 1, 2025)?**

Yes

**Does your organization or program you are requesting funding for in this application serve primarily women and/ or teen girls?**

Yes

**Does your organization provide services to families at or below the ALICE threshold in Lancaster County?**

Yes

**Is your organization delinquent on any state or federal debt?**

No

**Does your organization share United Way's view of collaborative and inclusive service to the entire community, without excluding anyone on the basis of race, color, religion, gender, ethnicity, national**

**origin, age, disability, sexual orientation, or any other factor not relevant to a person's eligibility for service or ability to contribute?**

Yes

**Has your organization update your listing with PA 211 in the last 12 months?**

Yes

## **Application Elements**

### **Executive Summary**

Hope Inspire Love's Restorative Care Program supports teen girls and women survivors of trafficking, exploitation, and those at risk in Lancaster County through a holistic, trauma-informed approach. The program integrates mentorship, life-skills development, counseling referrals, community support, and social enterprise employment opportunities to promote healing and long-term stability. Participants are equipped with the tools needed to rebuild their lives, including emotional support, workforce readiness, and pathways to economic independence. By addressing both immediate needs and root causes of vulnerability, the program helps prevent re-exploitation, strengthen families, and empower women/teens to achieve lasting independence, dignity, and meaningful participation in their communities.

### **Organization Description**

Hope Inspire Love is a nonprofit organization dedicated to restoring hope, dignity, and purpose to teen girls and women who are survivors of sex trafficking, sexual exploitation, or are at risk in Lancaster County. The organization provides holistic, trauma-informed care that addresses the emotional, physical, and practical needs of those it serves.

Through its Restorative Care Program, Hope Inspire Love offers long-term support including mentorship, life-skills development, counseling referrals, and a safe, supportive community where teen girls and women can begin to heal and rebuild. The organization also leads prevention and outreach efforts, equipping youth and community members with the knowledge and tools to recognize and prevent exploitation.

Hope Inspire Love's approach is rooted in relationship, consistency, and empowerment, supporting participants as they move toward stability and independence. By strengthening support systems and creating pathways to self-sufficiency, the organization works to break cycles of exploitation and help teen girls and women build safe, healthy, and independent futures.

### **Commitment to Equity**

Hope Inspire Love serves teen girls and women in Lancaster County who are survivors of sex trafficking, sexual exploitation, or are at high risk due to factors such as poverty, housing instability, prior abuse, and lack of family support. Many participants come from historically marginalized communities and face overlapping challenges related to socioeconomic status, trauma, and limited access to resources.

Serving this population advances equity by addressing systemic barriers that disproportionately impact vulnerable women and girls, including economic instability, limited access to education and employment, and increased risk of exploitation. By providing trauma-informed care, mentorship, and pathways to self-sufficiency, Hope Inspire Love helps participants achieve stability and long-term independence.

The organization is deeply connected to the community it serves, building trust through consistent relationships and individualized support. Participant voice is elevated through mentorship, goal-setting, and leadership opportunities within programming.

This work aligns with findings from the Lancaster County Racial Equity Profile, particularly in addressing disparities in economic opportunity, housing stability, and access to supportive services for women and girls experiencing vulnerability and marginalization.

## Proposal Details

### Main Priority Area

Women's and/ or Teen's Health

### Grant Dollar Amount Requested

\$20,000.00

### What percent of the overall project budget is covered by the Women United grant?

6.5

### Will this program/project start or continue to operate if you do not receive 100% of the funding requested?

Yes

### Project Description

Hope Inspire Love is seeking support to continue it's Restorative Care Program, which serves teen girls and women in Lancaster County who are survivors of trafficking, exploitation, or are at risk due to instability, poverty, and trauma. This is an established program that will be strengthened to reach participants and deepen services. To date, Hope Inspire Love has served 23 women this year through mentorship, resourcing, and case management, demonstrating both the need for and impact of this work.

**Why:** Women and girls experiencing exploitation face significant barriers to safety and stability, including trauma, lack of employment opportunities, housing insecurity, and limited access to supportive services. Without intervention, many remain vulnerable to continued exploitation. There is a critical need for coordinated, trauma-informed programming that addresses both immediate needs and long-term pathways to independence.

**What:** The Restorative Care Program provides holistic, wraparound support including one-on-one mentorship, life-skills development, counseling referrals, and community-based programming. Participants also have access to workforce readiness and social enterprise employment opportunities that build job skills and financial independence. Prevention and outreach efforts further educate youth and the broader community on recognizing and preventing exploitation.

**How:** Participants are referred through community partners, outreach efforts, and word of mouth. Each individual receives personalized support through mentorship and goal planning, ensuring services are tailored to their unique needs. Regular programming includes life-skills workshops, support groups, and access to essential resources such as education, housing connections, and employment pathways. The program emphasizes consistency, trust-building, and long-term engagement to support lasting change.

This work aligns with Women's United priorities by increasing economic mobility, stability, and safety for women and girls, creating meaningful, long-term impact across the Lancaster community.

### Collaboration

Yes, Hope Inspire Love collaborates with a strong network of Lancaster County-based partners to provide comprehensive, coordinated care for teen girls and women. Key referral partners include Water Street Mission, Good Samaritan Services, Clare House, The Milagro House, The House on Ferdinand, Align Pregnancy Center, A Woman's Concern, North Star Initiative, Tenfold, and Union Community Care. Additional referrals come through systems partners such as the Pennsylvania Attorney General's Office, PA State Police Human Trafficking Task Force, and the Youth Intervention Center.

Partnerships with organizations such as Greenlight Operation, UPMC Child Advocacy Center, WellSpan Philhaven Behavioral Health, and CORE Tutoring (Hub 450) ensure access to trauma-informed care, healthcare, and educational support.

These collaborations create a strong local referral network and a coordinated continuum of care. By leveraging trusted community partnerships, Hope Inspire Love ensures participants can access critical resources including housing, counseling, healthcare, and employment pathways, supporting long-term stability and independence for women and girls across Lancaster County.

### **Implementation Plan**

Hope Inspire Love will implement the Restorative Care Program through a trauma-informed, relationship-centered approach, with mentorship serving as the foundational and required component for all participants.

**Outreach & Referrals:** Participants will be identified through trusted community partners, outreach efforts, and word of mouth. Each individual will complete an intake process to assess needs, goals, and readiness for services.

**Mentorship (Core Service):** Every participant is paired with a trained mentor who provides consistent, one-on-one support. Mentors meet regularly with participants to build trust, offer guidance, and support individualized goal-setting related to safety, stability, and personal growth. This relationship is the anchor of the program and ensures each participant has a reliable, supportive connection.

**Individualized, Optional Support Services:** Based on each participant's needs and readiness, additional services are offered but not required. These may include life-skills workshops, educational support, counseling referrals, workforce development, and social enterprise employment opportunities. Participants choose which services to engage in, empowering them to take ownership of their healing and growth.

**Coordination & Follow-Up:** Staff maintain regular communication with participants and partner organizations to ensure access to resources, continuity of care, and ongoing support.

This flexible, participant-driven model prioritizes trust, autonomy, and long-term engagement, leading to greater stability and sustainable outcomes.

### **Outcomes & Evaluation**

#### **a. Outcomes**

If awarded funding, Hope Inspire Love will sustain its Restorative Care Program, ensuring continued support for teen girls and women currently being served while maintaining consistent, high-quality services. Hope Inspire Love has already served 23 women this year and anticipates that at least 35 teen girls and women will engage in the Restorative Care Program annually.

Key outcomes include:

**Sustained Engagement & Support:** At least 35 participants will engage in the Restorative Care Program, with mentorship serving as the core service and at least 75% maintaining consistent participation over a 6-month period.

**Improved Stability & Well-Being:** At least 70% of participants will demonstrate progress toward personal goals such as improved emotional stability, healthier relationships, and increased daily functioning.

**Connection to Critical Resources:** At least 65% of participants will access additional support services such as counseling, healthcare, education, or housing through partner referrals.

**Progress Toward Independence:** At least 60% of participants will show measurable progress toward stability, including employment, education enrollment, or safer living situations.

Through sustained, relationship-based support, participants will build trust, strengthen decision-making skills, and increase confidence—leading to reduced vulnerability to exploitation and greater long-term independence.

#### **b. Evaluation & Program Metrics**

Hope Inspire Love will evaluate outcomes using both quantitative and qualitative data. Program metrics include:

Number of participants engaged in the Restorative Care Program (target: 35 annually)

Frequency and consistency of mentor meetings

Participant retention rates over time

Number and type of referrals made and services accessed

Progress toward individualized goals tracked through case management

Pre- and post-assessments measuring changes in stability, life skills, and well-being

Data will be collected through intake forms, mentor reports, attendance tracking, and participant assessments, and reviewed regularly to ensure effectiveness and continuous improvement.

## Documents

### Required Documents

- [Trauma-Program-Operating-Budget-Year-2026.xlsx](#)
- [2024-Hope-Inspire-Love-990-Public-Disclosure-Copy.pdf](#)
- [Board-Member-Listing.pdf](#)
- [IRS-DETERMINATION-HopeInspireLove-2.PDF](#)