

UNITED, WE FIGHT FOR SOPHÍA

Camila and John were first-time parents, unsure of what to do to help their new baby grow and develop. With both working full-time jobs, they worried that they didn't have the time, and know-how, to help Sophía prosper. At a birthday party for a friend's one-year old, they noticed the friend's son had reached developmental milestones that Sophía was still struggling with, like waving good-bye, fine motor skills and exploring her surroundings. Camila and John left the party more concerned about Sophía's development and wondering what else they could do. At Sophía's next well visit, her pediatrician recommended a **Plant the Seed of Learning** session.

WHO DO YOU FIGHT FOR?

PLANT THE SEED OF LEARNING, A UNITED WAY COMMUNITY IMPACT PARTNERSHIP, HELPED SOPHÍA AND HER PARENTS LEARN:

- Local school district teachers, early childhood providers and student volunteers hosted the Plant the Seed of Learning session at **Wellspan Ephrata Community Hospital**, where Camila and John got to network with other parents and learn simple ways of helping Sophía to develop fine motor skills.
- Camila and John were thrilled to take a Plant the Seed of Learning tote bag home with them that was full of books and educational toys that would help them continue to teach Sophía skills at home.
- Sophía stayed in Plant the Seed of Learning until she turned two, where she then graduated to GROW the Seed of Learning which further prepared her to enter kindergarten ready to learn.

Sophía has now started kindergarten and her teacher has already said that she's one of the stars of her class. **United we have the capacity to make an impact in our community, one family at a time.**



United Way of Lancaster County

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