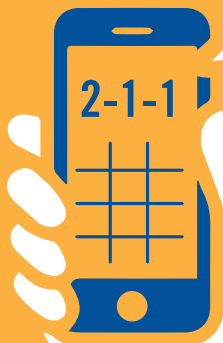


GET HELP

GIVE HELP

GET
HELP



Call **2-1-1**
Lancaster County's
Community Help Line

— 24 HOURS A DAY —

— 365 DAYS A YEAR —

2-1-1 CONNECTS YOU TO INFORMATION ABOUT:

- Aging Services
- Clothing
- Child & Youth Services
- Counseling
- Donation Programs
- Education/Training
- Food Resources
- Health Services
- Housing/Shelter
- Parenting
- Substance Abuse
- Support Groups
- Veteran Services
- *And Much More!*

SEARCH
OUR ONLINE
DATABASE!

TEXT: YOUR ZIP CODE TO 898211


PHONE: 2-1-1 or 855.501.6785

EMAIL: 211@UWLanc.org

WEB: LiveUnitedLancaster.org/211

  PA211East

DOWNLOAD A FREE COPY OF THE
"WHERE TO CALL WHEN YOU NEED HELP"
RESOURCE GUIDE AT LiveUnitedLancaster.org/211



2-1-1 receives
more than **38,000**
contacts yearly from
Lancaster County
residents!

United Way
of Lancaster County



To GIVE HELP, turn the card over...

GET HELP

GIVE HELP

GIVE
HELP

Volunteer
Center

Find Volunteer
Needs & Projects
ONLINE!

LANCASTER COUNTY'S VOLUNTEER CENTER

Opportunities for:

- School Students
- Groups & Organizations
- Community Service Projects
- Corporate Volunteer Projects



FIND VOLUNTEER OPPORTUNITIES AT
UWLanc.org/VolunteerCenter

OR EMAIL Volunteer@UWLanc.org OR CALL 717.824.8122

NEED VOLUNTEERS? SIGN UP YOUR
NONPROFIT AND POST A NEED TODAY
LiveUnitedLancaster.org/VolunteerCenter

Day of Caring, a
county-wide volunteer
movement, mobilizes
more than
1,700 volunteers
for two days
each year!

United Way
of Lancaster County



To GET HELP, turn the card over...